



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	2 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm-Support Family & Friends w/Anxious Loved Ones	3 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	4 	5 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only)	6 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only)
7 8am - AA Sunday Serenity CLOSED	8 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	9 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm-Support Family & Friends w/Anxious Loved Ones	10 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	11 12pm - All Recovery Meeting 5:30pm - Women Empowered 7:30pm - AA Conscious Contact	12 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only)	13 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only)
14 8am - AA Sunday Serenity CLOSED	15 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	16 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm-Support Family & Friends w/Anxious Loved Ones	17 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	18 12pm - All Recovery Meeting 5:30pm - Women Empowered 7:30pm - AA Conscious Contact	19 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only)	20 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only)
21 8am - AA Sunday Serenity CLOSED	22 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	23 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm-Support Family & Friends w/Anxious Loved Ones	24 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	25 12pm - All Recovery Meeting 3:30PM-Mobile Food Pantry 5:30pm - Women Empowered 7:30pm - AA Conscious Contact	26 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only)	27 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only)
28 8am - Sunday Serenity CLOSED	29 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	30 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm-Support Family & Friends w/Anxious Loved Ones	31 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga			

Zoom Link for EBRC Groups:

Zoom: <https://zoom.us/j/7545086986>
Meeting ID: 754 508 6986
Call in: 1-646-558-8656.7545086986#
Meeting ID: 754 508 6986

Hours of Operation

Monday 9am-5pm
Tuesday 11am - 7pm
Wednesday 9am-5pm

Thursday 11am-7pm
Friday 9am-5pm
Saturday 10am-All Recovery Mtg
(virtual only)



NEW GROUP

Tuesdays-Support Families & Friends w/Anxious Loved Ones-7:00pm
Mobile Food Pantry -July 25th 3:30PM - 4:30PM

Y12SR Yoga -Yoga of 12 Step Recovery Wednesdays 5:30pm
Zoom : <https://us02web.zoom.us/j/84079413842>
Smart Recovery - Saturdays 11am-12:30pm
Zoom: <https://zoom.us/j/83907629852>