



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CLOSED HAPPY NEW YEAR!	2 10:30am Mindful Meditation 12pm -All Recovery Meeting	3 10am - All Recovery Meeting (Virtual Only)
4 8am - AA Sunday Serenity CLOSED	5 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	6 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm Grief Support Group	7 10:55am-Emotions Anonymous 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	8 12pm-All Recovery Music Meeting 1:30pm Yoga w/ Anik	9 10:30am Mindful Meditation 12pm -All Recovery Meeting	10 10am - All Recovery Meeting (Virtual Only)
11 8am - AA Sunday Serenity CLOSED	12 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	13 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm Grief Support Group	14 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	15 12pm-All Recovery Meeting 1:30pm Yoga w/ Anik	16 10:30am Mindful Meditation 12pm -All Recovery Meeting	17 10am - All Recovery Meeting (Virtual Only)
18 8am - AA Sunday Serenity CLOSED	19 CLOSED MLK Day	20 12pm- All Recovery Meeting 5:30pm- Find your Calm 7:00pm Grief Support Group	21 10:55am-Emotions Anonymous 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	22 12pm-All Recovery Meeting 1:30pm Yoga w/ Anik	23 10:30am Mindful Meditation 12pm -All Recovery Meeting	24 10am - All Recovery Meeting (Virtual Only)
25 8am - Sunday Serenity CLOSED	26 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	27 12pm - All Recovery Meeting 5:30pm - Find Your Calm 7:00pm - Grief Support Group	28 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga	29 12pm-All Recovery Meeting 1:30pm Yoga w/ Anik 3:30-Mobile Food Pantry	30 10:30am Mindful Meditation 12pm -All Recovery Meeting	31 10am - All Recovery Meeting (Virtual Only)
		<p>Join us for our newest group : Emotions Anonymous - Every 1st and 3rd Wednesday of the month @ 10:55AM Zoom meeting ID: 729 544 6882</p> <p>Mindful Meditation Every Friday @ 10:30am</p> <p style="text-align: right;">COMING SOON KARAOKE!!</p>				
<p>Zoom Link for EBRC Groups:</p> <p>Zoom: https://zoom.us/j/7545086986 Meeting ID: 754 508 6986 Call in:1-646-558-8656,7545086986# Meeting ID: 754 508 6986</p>		<p><u>Hours of Operation</u></p> <p>Monday 9am-5pm Tuesday 11am - 7pm Wednesday 9am-5pm</p>		<p>Mobile Food Pantry January 29th, 2026 3:30pm -4:30pm</p> <p>Y12SR Yoga of 12 Step Recovery Wednesdays 5:30pm Zoom : https://us02web.zoom.us/j/84079413842</p>		
<p>All Meetings are Hybrid-Use zoom link above</p>						

